Risk Category	AHLU	Behaviors	Visual	Action Plan
NONE	AHLU = 0	<ul> <li>normal breathing, no panting</li> <li>hard to see chest movement</li> <li>respiratory rate &lt;40</li> <li>panting score 0</li> </ul>		
MILD	AHLU .1 - 10	<ul> <li>» elevated breathing rate</li> <li>» slight pant, mouth closed</li> <li>» chest movement visible</li> <li>» no drool or foam</li> <li>» restless</li> <li>» increased time standing</li> <li>» respiration rate 40-70</li> <li>» panting score 1</li> </ul>		
MODERATE	AHLU 10.1 - 25	<ul> <li>» elevated breathing rate</li> <li>» slight drooling and foaming</li> <li>» most animals are standing</li> <li>» restless</li> <li>» animals may group together</li> <li>» panting score 1-2</li> </ul>		
MEDIUM	AHLU 25.1 - 50	<ul> <li>» elevated breathing rate</li> <li>» drooling or foaming are present</li> <li>» no open mouth breathing</li> <li>» most animals are standing</li> <li>» restless</li> <li>» animals may group together</li> <li>» panting score 2</li> <li>» respiration rate 70-120</li> </ul>		
HIGH	AHLU 50.1 - 100	<ul> <li>» elevated breathing rate</li> <li>» open mouth breathing with occasional tongue extension</li> <li>» possible drooling</li> <li>» neck extended and head usually up</li> <li>» most animals are standing</li> <li>» restless</li> <li>» animals may group together</li> <li>» panting score 2-4</li> <li>» respiration rate 120-160</li> </ul>		
EXTREME	AHLU > 100	<ul> <li>elevated breathing rate with pushing from flanks</li> <li>open mouth breathing with tongue extended</li> <li>breathing labored</li> <li>respiration rate may decrease</li> <li>drooling may cease</li> <li>neck can be extended with head up or head own</li> <li>most animals are standing</li> <li>restless</li> <li>individual animals may be isolated from herd</li> <li>panting score 4</li> <li>respiration rate &gt;160 and sometime variable</li> </ul>		





## The effects of heat stress

- » Reduced Weight Gain
- » Reduced Feed Efficiency
- » Increased Feed Waste
- » Increased Water Consumption
- » Reduced Fertility
- » Compromised Rumen Health
- » Decreased Carcass Quality
- » Death

THI	Stress Level	Effects and symptoms in cattle	
<72	None	<ul> <li>» Dairy cows will adjust by seeking shade.</li> <li>» Respiration rate and dilation of the blood vessels will increase.</li> <li>» The effect on milk production will be minimal.</li> </ul>	
80-89	Moderate	<ul> <li>Both saliva production and respiration rate will increase.</li> <li>Feed intake will decrease and water consumption will increase.</li> <li>There will be an increase in body temperature.</li> <li>Milk production and reproduction will be decreased.</li> </ul>	
90-98	Severe	Cows will become very uncomfortable.  Rapid respiration (panting) and excessive saliva production.  Marked decreasein milk production and reproduction.	
>98	Danger	» Potential cow deaths can occur.	

## The unseen effects of heat stress

- » pH of rumen is lowered
- » rumen and gut motility is decreased, slowing the passage of feed through the intestines.
- » Increased peripheral blood flow.
- » Increased thirst and concomitant water consumption causes heavy loss of electrolytes (particularly sodium and potassium)
- » Reproductive hormones affected
- » Embryonic development is affect
- » Bicarbonate is lost
- » Stress hormones appear in the blood
- » Body attempts to shut down metabolic processes and protect heat-sensitive tissues
- » Immune function decreases, increasing susceptibility to disease organisms
- » Lower conception rates
- » Lowered fertility in bulls
- » Increased fetal death
- » Increased neonatal deaths
- » Loss of homeostasis (ability of the body to regulate physiologic processes)

Risk Category	AHLU	Behaviors	Visual	Action Plan
NONE	AHLU = 0	<ul> <li>normal breathing, no panting</li> <li>hard to see chest movement</li> <li>respiration rate &lt;40</li> <li>panting score 0</li> </ul>		
MILD	AHLU .1 - 10	<ul> <li>» elevated breathing rate</li> <li>» slight pant, mouth closed</li> <li>» chest movement visible</li> <li>» no drool or foam</li> <li>» restless</li> <li>» increased time standing</li> <li>» respiration rate 40-70</li> <li>» panting score 1</li> </ul>		
MODERATE	AHLU 10.1 - 25	<ul> <li>» elevated breathing rate</li> <li>» slight drooling and foaming</li> <li>» most animals are standing</li> <li>» restless</li> <li>» animals may group together</li> <li>» panting score 1-2</li> </ul>		
MEDIUM	AHLU 25.1 - 50	<ul> <li>» elevated breathing rate</li> <li>» drooling or foaming are present</li> <li>» no open mouth breathing</li> <li>» most animals are standing</li> <li>» restless</li> <li>» animals may group together</li> <li>» panting score 2</li> <li>» respiration rate 70-120</li> </ul>		
HIGH	AHLU 50.1 - 100	<ul> <li>» elevated breathing rate</li> <li>» open mouth breathing with occasional tongue extension</li> <li>» possible drooling</li> <li>» neck extended and head usually up</li> <li>» most animals are standing</li> <li>» restless</li> <li>» animals may group together</li> <li>» panting score 2-4</li> <li>» respiration rate 120-160</li> </ul>		
EXTREME	AHLU > 100	<ul> <li>elevated breathing rate with pushing from flanks</li> <li>open mouth breathing with tongue extended</li> <li>breathing labored</li> <li>respiration rate may decrease</li> <li>drooling may cease</li> <li>neck can be extended with head up or head down</li> <li>most animals are standing</li> <li>restless</li> <li>individual animals may be isolated from herd</li> <li>panting score 4</li> <li>respiration rate &gt;160 and sometimes variable</li> </ul>		Kestrel

®

Y